BEACH 4'S VOLLEYBALL RULES



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1. SCHEDULE/SCORESHEET

Schedules/times are posted online at least 48 hours prior to game day. If the schedule is not posted or sent out via email, you may assume the schedule has not been completed.

2. FACILITIES & EQUIPMENT

VIVA Volleyball rents facilities from various school boards and public or private establishments. As tenants, players must respect the standards and rules of each facility. Players are expected to clean up after themselves, please do not leave any garbage or recyclables behind.

3. PLAYERS

MIXED CO-ED 4'S (2 Males/2 Females)

A maximum of 2 males can be on the court participating per team. The minimum amount of players required in order for a team to avoid a default is 2 no matter the gender.

STANDARD CO-ED 4'S (3 Males/1 Female)

A minimum of 1 female (per team) must be on the court participating during gameplay. The minimum amount of players required in order for a team to avoid a default is 2, one of which must be a female. If there are no females on the court for your team, you will receive a default loss 0-21

If a team does not have the minimum required players after 5 minutes of the scheduled start time, they will lose the first game (0-21). If a team does not have the minimum required players after 10 minutes of the scheduled start time, they will lose the match (0-21 x 2).

In the spirit of sportsmanship, captains are expected to replace players with a person of a similar skill level. Bringing in "ringers" for regular season and particularly playoff games is discouraged.

4. GAME FORMAT & SCORING

Game durations and starting score vary per league/location due to permit rental time. Teams are required to play their game (two sets) within the time allotted. Teams have the option to call the score audibly or to use the scoreboards provided. Winning team per set must record score on scoresheet.

A countdown timer will sound through the portable speaker. When countdown timer sounds, that is the end of the game/play out the current rally. **No serve/play action should start after the timer unless its a tie game.** To ensure you get ample play time for your game, use minimal time in between and after sets for a break.

5. LEAGUE SPECIFIC RULES

<u>FIVB Official Beach Volleyball Rules 2021-2024</u> Refer mainly to **Chapters 3 & 4.** Some of the commonly questioned rules are listed below:

- Overhand passing or finger tip use is **not** allowed when receiving a serve or as your first hit. it must be a hard driven hit.
- A player can complete an attack-hit using an overhand pass but must have a trajectory perpendicular to the line of the shoulders. The exception is when the player is attempting to set their teammate.
- In sunny or windy conditions, where one side of the court offers an advantage, teams can opt to change sides after every 7 or 10 points scored.
- You may not chase a ball onto another court. If the ball travels onto another court, the ball is considered
 out.
- If a player blocking touches the ball on the block, it is counted as the first touch. The blocker may play the ball off their own block. These two contacts are counted as two touches.

Games are self officiated. Players are to call their own faults. If a common fault (listed above) is missed, a player on the opposing team may politely point this out, assuming that their opponent either does not know the rule or missed their own fault. Generally, teams should not call faults against their opponents.

6. ZERO TOLERANCE POLICY/SPORTSMANSHIP

In order to promote a safe and sportsmanlike environment for its players, VIVA Volleyball has clarified its stance on unsportsmanlike behaviour. All players must understand the expectations for playing in VIVA Volleyball leagues. The League Convener and/or the Team Captain is required by VIVA Volleyball to ask players to leave the court if they are involved with any of the following acts:

- (1) Swearing directly at another player or the Convener.
- (2) Intentionally pushing, shoving or making physical contact with another player.
- (3) Making comments to instigate an altercation with another player.

We can only ask that fairness, respect, and generosity are shown toward the opposing team or player and for the sport itself when competing in a self-officiated league. Non compliance may range between a verbal/written warning to expulsion from the league.