

1. SCHEDULE/SCORESHEET

Schedules and game times will be posted online at least 48 hours before game day. If you don't see the schedule online or receive it by email, it means it's still being finalized.

2. FACILITIES & EQUIPMENT

VIVA Volleyball rents facilities from school boards and public or private venues. As guests, players must follow all facility rules and expectations. Please clean up after yourself and ensure no garbage or recyclables are left behind.

3. PLAYERS

- Teams consist of 3 males and 3 females (max 3 males can be on the court for a team at a time).
- Minimum Players to Avoid Default: Each team must have at least four players, including at least one male and one female.
- If a team does not have the required players five minutes after the scheduled start time, they forfeit the first game (4-25).
- If the minimum is not met after 10 minutes, the team forfeits the match (4-25, 4-25).

4. GAME FORMAT & SCORING

Game durations and starting scores vary by league and location based on permit times. Teams must complete both sets within the allotted time. Scores can be tracked using the provided scoreboards or called out audibly. The winning team of each set must record the score on the scoresheet.

A countdown timer will sound through the portable speaker to signal the end of the game. When it goes off, teams should finish the current rally, but no new serves or plays should begin unless the game is tied. To maximize playtime, keep breaks between and after sets to a minimum.

5. LEAGUE SPECIFIC RULES

Official Game Rules

Official league ball for this league will be MOLTEN V5M5000

- Spike serves allowed for women only - men can not leave the ground when serving.
- You may not chase a ball onto another court. If the ball travels onto another court, the play is dead.
- There is no rotation on the court however there is a service rotation that must be followed. The serve rotation must alternate male, female, etc
- Males are not allowed to play the ball over the net if they contact the ball above the height of the net and are standing or jumped from in front of (or on) the attack line.
- Games are self officiated. Players or teammates are to call their own/team fouls.
- If an obvious foul is missed, a player on the opposing team may politely point this out, assuming that their opponent either does not know the rule or missed their own foul.
- Generally, teams should NOT call fouls against their opponents. Obvious fouls are: lifts, double hits, touching the net, going under the net and contacting another player.

Ceiling Rule:

If the ball contacts the ceiling over your own side of the court, it remains playable as long as it does not cross the net into your opponent's side. This includes bottom of the fan, top/side/bottom of raised basketball net and light fixtures. However, if the ball contacts the ceiling over the opponent's side, it is considered a fault.

6. ZERO TOLERANCE POLICY / SPORTSMANSHIP & HARASSMENT

To promote a safe, inclusive, and sportsmanlike environment, **VIVA Volleyball maintains a zero-tolerance policy** for unsportsmanlike conduct and harassment. All players are expected to uphold the highest standards of respect while participating in VIVA Volleyball leagues.

The **League Convener and/or Team Captain** may require any player to leave the court immediately if they engage in any of the following behaviors:

- Swearing or directing abusive language toward another player, official, convener, or spectator
- Intentionally pushing, shoving, or making unwanted physical contact with another player
- Making comments or gestures intended to provoke an altercation
- **Harassment of any kind**, including but not limited to:
 - Verbal, physical, or visual conduct that is intimidating, demeaning, discriminatory, or offensive
 - Unwanted comments related to gender, skill level, appearance, race, or personal characteristics
 - Repeated or unwelcome behavior that disrupts another player's ability to participate comfortably

VIVA Volleyball is committed to providing an environment where all participants feel safe and respected.

Harassment will not be tolerated under any circumstances, regardless of intent.

We ask that all players demonstrate fairness, respect, and generosity toward their opponents, teammates, and the sport itself in this **self-officiated league**. Failure to comply with this policy may result in a **verbal or written warning, immediate removal from the facility, suspension, or expulsion from the league without refund**, at the discretion of league management.