



PLAYER GUIDELINES FOR RETURN TO VOLLEYBALL

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SCREENING

1. Prior to playing, participants must do a self-screening test. [Screening Checklist](#)
 - If response to **ALL** of the screening questions is **NO**: COVID Screen Negative.
 - If response to **ANY** of the screening questions is **YES**: COVID Screen Positive; please do not leave home to participate.

FACILITIES

1. VIVA Volleyball rents facilities from various school boards or private establishments. As tenants, players must respect the standards and rules of each facility.
2. Participants are encouraged to arrive ready to play as change room access may be limited. Outdoor shoes must be left outside of the gymnasium. There will be designated areas/corners in the gymnasium for your team to leave belongings (please keep personal items to a minimum)
3. We will have a sanitization desk at each facility for participants to use before, during, and after games.
4. Spectators are not permitted in the gymnasium

PARTICIPATION

1. Masks are required upon entering the school/venue and gymnasium and leaving the gymnasium and school/venue. Masks are not required when you are playing. If washroom/changeroom use is permitted, masks must be worn when in use.
2. Physical distancing must be maintained from players on other courts and from opponents before and following your sets.
3. At the end of the set/game, teams should verbally acknowledge “good game” to their opponent but must not shake hands or high five one another. Teams are not required to switch sides between sets.
4. Unnecessary contact between participants (handshakes, high-fives, huddles) is discouraged
5. Teams will no longer need to input scores or check the on-site schedule for court details. League ambassador/supervisor will let teams know which court they play on and will record scores following each set.
6. Only 6 players per team are permitted in the gymnasium.
7. Please do not bring your own volleyballs. Game-balls will be provided. **Official game ball will be MOLTEN V5M5000**

The COVID-19 pandemic has had devastating effects on communities globally, leading to significant restrictions on all sectors of society, including sport. Resumption of sport can significantly contribute to the re-establishment of normality in Canadian society.