



VOLLEYBALL LEAGUE RULES: CO-ED 6'S

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FACILITIES

1. VIVA Volleyball rents facilities from various school boards or private establishments. As tenants, players must respect the standards and rules of each facility.
2. Participants are encouraged to arrive ready to play as change room access may be limited. Outdoor shoes must be left outside of the gymnasium. There will be designated areas/corners in the gymnasium for your team to leave belongings (please keep personal items to a minimum)
3. We will have a sanitization desk at each facility for participants to use before, during, and after games.
4. Spectators are not permitted in the gymnasium

EQUIPMENT

1. Game-balls will be provided. **Official game ball will be MOLTEN V5M5000**

PLAYERS (GHOST PLAYER RULE)

1. The minimum amount of players required in order to avoid a loss by default is 4, 1 of which must be a female. No female = loss by default. A maximum of 4 male players can be on the court at all times.
 1. Any co-ed team that has only 1 female on the court (4 male & 1 female) will have a vacant position. This position will be considered a ghost player. This rule is in place to make the game slightly more challenging for the team missing a female player.
 2. The "ghost" player will start in position 6 (middle of backrow). When the "ghost" player rotates to the service position, there will be an automatic side out and a point awarded to the opposing team.
 3. In short, the team with a ghost must forfeit their serve after every 5th rotation. This will allow the team with a full team to serve back-to-back.
 4. Ghost rule doesn't apply to a team with 4 players on the court (3 male, 1 female)
2. In the spirit of sportsmanship, captains are expected to replace players with a person of a similar skill level. Bringing in "ringers" for regular season and particularly playoff games is discouraged.
3. If a team does not have the minimum required players after 5 minutes of the scheduled start time, they will lose the first game (0-25). If a team does not have the minimum required players after 10 minutes of the scheduled start time, they will lose the match (0-25 x 2).

GAME FORMAT & SCORING

1. Teams are required to finish their game (two sets) within the time allotted. Teams have the option to call score audibly or to use the scoreboards provided.
2. Winning team of each set must report scores to League Supervisor.
3. A countdown timer will sound through the portable speaker. When countdown timer sounds, that is the end of the game/play out the current rally.
4. No serve/play action should start after the timer unless its a tie game. To ensure you get ample play time for your game, use minimal time in between and after sets for a break.

LEAGUE SPECIFIC RULES

1. Volleyball Canada *Official Volleyball Rules* will be in place.
2. Games are self officiated. Players or teammates are to call their own/team fouls.
3. If an obvious foul is missed, a player on the opposing team may politely point this out, assuming that their opponent either does not know the rule or missed their own foul.
4. Generally, teams should NOT call fouls against their opponents. Obvious fouls are: lifts, double hits, touching the net, going under the net and contacting another player.

ZERO TOLERANCE POLICY/SPORTSMANSHIP

In order to promote a safe and sportsmanlike environment for its players, VIVA Volleyball has clarified its stance on unsportsmanlike behaviour. All players must understand the expectations for playing in VIVA Volleyball leagues. The League Supervisor and/or the Team Captain is required by VIVA Volleyball to ask players to leave the gym/field if they are involved with any of the following acts:

- (1) Swearing directly at another player or the Convener.
- (2) Intentionally pushing, shoving or making physical contact with another player.
- (3) Making comments to instigate an altercation with another player.